



**Semester – III**

**Subject Name: Integrated Personality Development Course (I.P.D.C.) - II**

**Subject Code: 09PD0301**

**Diploma Branches in which this subject is offered: All Engineering**

**Rationale:**

- This course aims to help a person understand and know his / her purpose in life, get a positive thought pattern, gain confidence, improve behaviour, learn better communication and develop a healthy physique with morality and ethics in its core.
- Today's youth lack the guidance to face insecurity about their health and career, premature relationships and family breakdown, addictions and substance abuse, negative impact of internet and social media etc. This course includes such topics that will cover all aspects and provide solution to the current challenges through creative and interactive activities.
- This course will allow students to enjoy, understand and practice invaluable lessons preparing them for a successful future.

**Credits Earned: 2**

**Course Outcomes:**

- To provide students with a holistic education – focused on increasing their intelligence quotient, spiritual quotient, emotional quotient and physical quotient.
- To provide students with hard and soft skills, making them more marketable when entering the workforce.
- To educate students on their social responsibilities as citizens of India and have a greater sense of social responsibility.
- To provide students with a value-based education which will enable them to be successful in their family, professional, and social relationships by improving their moral and ethical values.
- To teach self-analysis and self-improvement exercises to enhance the potential of the participants.
- To have a broader sense of self-confidence and a defined identity.



**Teaching and Examination Scheme**

Teaching Scheme (Hours)			Credits	Theory Marks			Practical Marks		Total Marks
Theory	Tutorial	Practical		ESE	IA	CSE	Viva	Term work	
2	0	0	2	50	30	20	00	00	100

**Contents:**

Lecture No.	Module - Lecture	Lecture Description	Hours
1	<b>Facing Failures</b> Insignificance of Failures	Failures are insignificant because they do not define you. How we choose to handle our failures is much more significant. Students will learn five powerful techniques to make their failures insignificant.	2
2	<b>Facing Failures</b> Power of Faith	Learn about the power and necessity of faith in our daily lives.	2
3	<b>Facing Failures</b> Practicing Faith	Learn about the necessity and tools to practice faith in their lives.	2
4	<b>From House to Home</b> Bonding the Family	Explore four ways to bond with their family - appreciation, meeting on a regular basis, being helpful, and to have transparency when communicating with each other.	2
5	<b>Learning from Legends</b> Leading without Leading	Explore a new approach to leadership, through humility.	2
6	<b>Review Lecture</b> Words of Wisdom	A panel of learned and experienced mentors, will personally answer practical questions that students face in their daily life.	2
7	<b>My India My Pride</b> Glorious Past Part-1	India's ancient Rishis, scholars and intellectuals have made tremendous contributions to the world, they developed an advanced, sophisticated culture and civilization which began thousands of years ago. Students will learn the importance of studying India's glorious past, so that they could develop a strong passion and pride for our nation.	2
8	<b>My India My Pride</b> Glorious Past Part-2	Our ancient concepts can be used to seek revolutionary ideas and to generate inspiration. Students will develop a deeper interest in India's Glorious Past – by appreciating the need to read about it, research it, write about it and share it.	2



9	<b>My India My Pride</b> Present Scenario	To implement the transformation of India from a developing country into a developed country it is necessary to have a value-based citizens. Students will see how the transformation to a greater India relies on the vision and efforts of themselves as youth.	2
10	<b>Remaking Yourself</b> Begin with the End in Mind	Learn to visualize their future goals and will structure their life through smart goals to give themselves direction and ultimately take them to where they want to go.	2
11	<b>My India My Pride</b> An Ideal Citizen-1	Learn that to become value-based citizens, they must first develop good values in their lives. They start by focusing on these four: responsibility, accountability, honesty, and integrity.	2
12	<b>My India My Pride</b> An Ideal Citizen-2	Learn that by developing the values of loyalty, sincerity and punctuality; they become indispensable and can leave a strong impression. They will start developing these values by trying to keep perfection in every small task and by looking at the bigger picture.	2
13	<b>Learning from Legends</b> A. P. J. Abdul Kalam	Dr. Kalam's inspirational life displayed these legendary qualities which are applicable to students (1) Dare to Dream (2) Rise to the Challenge (3) Get Good Guidance (4) Humility (5) Use Talents for the Benefit of Others	2
14	<b>Essentials of Profession</b> Writing a Resume	Understand the difference between a resume and CV, and learn how to create a great resume.	2
15	<b>Review Lecture</b> Student Voice	Students will review the semester by sharing their experiences through classroom interaction.	2

**Basic Study Material:**

1. IPDC Workbook



**Instructional Method:**

**Following four activities happen during each lecture.**

- 1) **Introductory Film:** Each lecture begins with a short film that introduces the topic which captivate learner's attention and stimulates their curiosity to learn more.
- 2) **Lecture Video:** Learners watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills.
- 3) **Student Interactions:** Interactive sessions promote stimulating discussion and conversation and help create safe spaces for healthy exchange of ideas. Each session provides a forum in which students are able to openly express their emotions and thoughts.
- 4) **Workbook Activities:** Workbooks assist learners to begin implementing the values taught in the lecture into their personal lives.

**References:**

1. <https://ipdc.org/>
2. <https://www.youtube.com/c/IPDCbaps/videos>