

INSTITUTE	DIPLOMA STUDIES
PROGRAM	DIPLOMA ENGINEERING (COMPUTER ENGINEERING)
SEMESTER	3
COURSE TITLE	INTEGRATED PERSONALITY DEVELOPMENT COURSE - II
COURSE CODE	09PD0301
COURSE CREDITS	2

Objective:

- 1 To provide students with a holistic education – focused on increasing their intelligence quotient, spiritual quotient, emotional quotient and physical quotient. • To provide students with hard and soft skills, making them more marketable when entering the workforce. • To educate students on their social responsibilities as citizens of India and have a greater sense of social responsibility. • To provide students with a value-based education which will enable them to be successful in their family, professional, and social relationships by improving their moral and ethical values. • To teach self-analysis and self-improvement exercises to enhance the potential of the participants. • To have a broader sense of self-confidence and a defined identity.

Course Outcomes: After completion of this course, student will be able to:

- 1 To provide students with a holistic value-based education that will enable them to be successful in their academic, professional, and social lives.
- 2 To give the students the tools to develop effective habits, promote personal growth, and improve their well being, stability, and productivity.
- 3 To allow students to establish a stronger connection with their family through critical thinking and devolvement of qualities such as unity, forgiveness, empathy, and effective communication.
- 4 To provide students with soft skills that complement their hard skills, making them more marketable when entering the workforce.
- 5 To enhance awareness of India’s glory and global values, and to create considerate citizens who strive for the betterment of their family, college, workforce, and nation.
- 6 To inspire students to strive for a higher sense of character by learning from role models who have lived principled, disciplined, and value-based lives.

Pre-requisite of course:NA

Teaching and Examination Scheme

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
2	0	0	50	30	20	0	0

Contents : Unit	Topics	Contact Hours
1	Remaking Yourself Begin with the End in Mind Students will learn to visualize their future goals and will structure their lives through smart goals to give themselves direction and ultimately take them to where they want to go.	2
2	Remaking Yourself Being Addiction Free Students will explore the detrimental effects of addictions on one's health, personal life, and family life. They will learn how to take control of their life by becoming addiction free.	2
3	Selfless Service Case Study: Disaster Relief Students will apply previous lessons of seva, to analyse the case study of the Bhuj earthquake relief work.	2
4	Soft Skills Teamwork & Harmony Students will learn the six steps of teamwork and harmony that are essential for students' professional and daily life	2
5	My India My Pride Present Scenario To implement the transformation of India from a developing country into a developed country it is necessary to have a value-based citizen. Students will see how the transformation to a greater India relies on the vision and efforts of themselves as a youth.	2
6	Learning from Legends Leading without Leading Students will explore a new approach to leadership, through humility.	2
7	My India My Pride An Ideal Citizen-1 Students will learn that to become value-based citizens, they must first develop good values in their lives. They start by exploring the values of responsibility and integrity.	2
8	My India My Pride An Ideal Citizen-2 Students will learn that by developing the values of loyalty, sincerity, and punctuality; they become indispensable and can leave a strong impression. They will start developing these values by trying to keep perfection in every small task and by looking at the bigger picture.	2
9	From House to Home Forgive & Forget Students will understand the importance and benefits that forgiveness plays in their personal and professional life. They will learn to apply this knowledge in realistic situations.	2
10	Remaking Yourself Stress Management Students will learn to cope with current and future causes of stress.	2
11	Remaking Yourself Better Health Better Future A healthy body prevents disease and stress; increases positivity, productivity, and brainpower. Students will learn to maintain good health through regular exercise, healthy eating habits, and regular and sufficient sleep.	2
12	Learning from Legends Words of Wisdom A panel of learned and experienced mentors will personally answer practical questions that students face in their daily life.	2

Contents : Unit	Topics	Contact Hours
13	Soft Skills Financial Planning Students will develop a variety of practical financial skills that prepare them to become financially stable throughout their future careers.	2
14	Remaking Yourself Impact of Company Students will understand that the type of company that we keep, has a crucial role in determining who we are and who we will become. They will develop the ability to create a positive environment around them.	2
Total Hours		28

Textbook :

- 1 IPDC WORKBOOK - 2, ., Swaminarayan Aksharpith, 2020

Suggested Theory Distribution:

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation					
Remember / Knowledge	Understand	Apply	Analyze	Evaluate	Higher order Thinking
15.00	20.00	30.00	20.00	10.00	5.00

Instructional Method:

- 1 Introductory Film: Each lecture begins with a short film that introduces the topic which captivate learner's attention and stimulates their curiosity to learn more.
- 2 Lecture Video: Learners watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills.
- 3 Student Interactions: Interactive sessions promote stimulating discussion and conversation and help create safe spaces for healthy exchange of ideas. Each session provides a forum in which students are able to openly express their emotions and thoughts.
- 4 Workbook Activities: Workbooks assist learners to begin implementing the values taught in the lecture into their personal lives.

Supplementary Resources:

- 1 <https://ipdc.org/>
- 2 <https://www.youtube.com/c/IPDCbaps/videos>