

INSTITUTE	DIPLOMA STUDIES
PROGRAM	DIPLOMA ENGINEERING (MECHANICAL ENGINEERING)
SEMESTER	3
COURSE TITLE	INTEGRATED PERSONALITY DEVELOPMENT COURSE - II
COURSE CODE	09PD0301
COURSE CREDITS	2

**Course Outcomes:** After completion of this course, student will be able to:

- 1 To provide students with a holistic education focused on increasing their intelligence quotient, spiritual quotient, emotional quotient and physical quotient.
- 2 To provide students with hard and soft skills, making them more marketable when entering the workforce.
- 3 To educate students on their social responsibilities as citizens of India and have a greater sense of social responsibility.
- 4 To provide students with a value-based education which will enable them to be successful in their family, professional, and social relationships by improving their moral and ethical values.
- 5 To teach self-analysis and self-improvement exercises to enhance the potential of the participants.
- 6 To have a broader sense of self-confidence and a defined identity.

## Pre-requisite of course:NA

# **Teaching and Examination Scheme**

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
2	0	0	50	30	20	0	0

Contents : Unit	Tonics			
1	Facing Failures Insignificance of Failures Failures are insigni?cant because they do not de?ne you. How we choose to handle our failures is much more signi?cant. Students will learn ?ve powerful techniques to make their failures insigni?cant.	2		
2	Facing Failures Power of Faith Learn about the power and necessity of faith in our daily lives.	2		
3	Facing Failures Practicing Faith Learn about the necessity and tools to practice faith in their lives.	2		



Contents : Unit	Tonics				
4	From House to Home Bonding the Family Explore four ways to bond with their family - appreciation, meeting on a regular basis, being helpful, and to have transparency when communicating with each other.	2			
5	Learning from Legends Leading without Leading Explore a new approach to leadership, through humility.	2			
6	My India My Pride Glorious Past Part-1 India's ancient Rishis, scholars and intellectuals have made tremendous contributions to the world, they developed an advanced, sophisticated culture and civilization which began thousands of years ago. Students will learn the importance of studying India's glorious past, so that they could develop a strong passion and pride for our nation.	2			
7	My India My Pride Glorious Past Part-2 Our ancient concepts can be used to seek revolutionary ideas and to generate inspiration. Students will develop a deeper interest in India's Glorious Past – by appreciating the need to read about it, research it, write about it and share it.	2			
8	My India My Pride Present Scenario To implement the transformation of India from a developing country into a developed country it is necessary to have a value-based citizens. Students will see how the transformation to a greater India relies on the vision and efforts of themselves as youth.	2			
9	Remaking Yourself Begin with the End in Mind Learn to visualize their future goals and will structure their life through smart goals to give themselves direction and ultimately take them to where they want to go.	2			
10	My India My Pride An Ideal Citizen-1 Learn that to become value-based citizens, they must ?rst develop good values in their lives. They start by focusing on these four: responsibility, accountability, honesty, and integrity.	2			
11	My India My Pride An Ideal Citizen-2 Learn that by developing the values of loyalty, sincerity and punctuality; they become indispensable and can leave a strong impression. They will start developing these values by trying to keep perfection in every small task and by looking at the bigger picture.	2			
12	Learning from Legends A. P. J. Abdul Kalam Dr. Kalam's inspirational life displayed these legendary qualities which are applicable to students (1) Dare to Dream (2) Rise to the Challenge (3) Get Good Guidance (4) Humility (5) Use Talents for the Bene?t of Others	2			
13	Essentials of Profession Writing a Resume Understand the difference between a resume and CV, and learn how to create a great resume.	2			



Contents : Unit	Topics	Contact Hours
14	Review Lecture Student Voice Students will review the semester by sharing their experiences through classroom interaction.	2
	Total Hours	28

#### Textbook:

1 IPDC Workbook, -, -, -

# **Suggested Theory Distribution:**

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation						
Remember / Understand Knowledge		Apply	Analyze	Evaluate	Higher order Thinking	

#### **Instructional Method:**

- 1 Introductory Film: Each lecture begins with a short film that introduces the topic which captivate learner's attention and stimulates their curiosity to learn more.
- 2 Lecture Video: Learners watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills.
- 3 Student Interactions: Interactive sessions promote stimulating discussion and conversation and help create safe spaces for healthy exchange of ideas. Each session provides a forum in which students are able to openly express their emotions and thoughts.
- 4 Workbook Activities: Workbooks assist learners to begin implementing the values taught in the lecture into their personal lives.

## **Supplementary Resources:**

- 1 https://ipdc.org/
- 2 https://www.youtube.com/c/IPDCbaps/videos