

INSTITUTE	FACULTY OF PHYSIOTHERAPY
PROGRAM	MASTER OF PHYSIOTHERAPY
YEAR	1
COURSE TITLE	PATIENT COMMUNICATION AND EDUCATION
COURSE CODE	17MP0104
COURSE CREDITS	2

Objective:

- 1 To demonstrate professional behaviour and respectful communication with patients having need of Physiotherapy
- 2 To apply the knowledge of Health education to strengthen patient centered health care delivery effectively.
- 3 To apply different theories of Patient education to achieve behavior modification in patient to increase patient adherence to physiotherapy
- 4 To demonstrate health and disease related education to effectively manage or prevent the disease
- 5 To choose among modes of communication and effectively influence patients health related belief and behavior

Course Outcomes: After completion of this course, student will be able to:

- 1 Demonstrate professional behaviour and respectful communication with patients having need of Physiotherapy
- 2 Apply the knowledge of Health education to strengthen patient centered health care delivery effectively.
- 3 Apply different theories of Patient education to achieve behavior modification in patient to increase patient adherence to physiotherapy
- 4 Demonstrate health and disease related education to effectively manage or prevent the disease
- 5 Choose among modes of communication and effectively influence patients health related belief and behavior

Pre-requisite of course: Basic knowledge of ethics in public health and knowledge of sociological and psychological aspects.

Teaching and Examination Scheme

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
1	0	0	0	0	0	0	0

Contents : Unit	Topics	Contact Hours
1	BASIC CONCEPTS OF PATIENT EDUCATION Basic concepts of patient education 1) Significance of patient education for health care and rehabilitation 2) The benefits of patient education in physiotherapy 3) Patient education versus health education 4) The patient centered care model	10
2	THEORIES OF PATIENT EDUCATION Theories of patient education 1) Health Belief Model 2) Self-Efficacy Theory 3) Locus of Control Theory 4) Cognitive Dissonance Theory 5) Diffusion Theory 6) Stress and Coping Theory 7) Adult Learning Theory	10
3	PATIENT EDUCATION IN THE PREVENTION AND MANAGEMENT OF CHRONIC DISEASES Patient education in the prevention and management of chronic diseases 1) Stroke 2) Hypertension 3) Diabetes 4) Obesity 5) Osteoarthritis 6) Chronic low back pain	10
4	PATIENT COMMUNICATION Patient communication 1) Verbal and nonverbal communication 2) The respect model (rapport, empathy, support, partnership, explanations, cultural competence and trust) 3) Communicating bad news 4) Dealing with complaints 5) Managing conflicts and cross-cultural interaction	10
Total Hours		40

Textbook :

- 1 Effective communication skills for health professionals, Burnard P, London: StanleyThornes, 1997

References:

- 1 Communication skills training for health professionals, Communication skills training for health professionals, Dickson D, Hargie O, Morrow N, London: Nelson Thornes, 1996

Suggested Theory Distribution:

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation					
Remember / Knowledge	Understand	Apply	Analyze	Evaluate	Higher order Thinking / Creative
10.00	20.00	25.00	25.00	10.00	10.00

Instructional Method:

- 1 Classroom Teaching

