SEXUAL AND REPRODUCTIVE HEALTH-CARE SERVICES INCLUDING INFORMATION AND EDUCATION SERVICES

Sexual and Reproductive Health (SRH) refers to a state of complete physical, emotional, mental, and social well-being in all matters relating to the reproductive system and sexuality. It encompasses a wide range of issues related to sexual activity, reproductive processes, and overall well-being.

Key Components of Sexual and Reproductive Health

- Sexual health : Faculty of Health Science services include Health education sessions, counselling services, life skill education sessions (such as decision-making, critical thinking, creativity, establishing values, communication, coping with emotions and stress) and identification of STIs and their syndromic management.

- Reproductive Health: Reproductive health covers Reproductive health literacy and fertility awareness, HIV/AIDS prevention, prevention of gender-based violence, and linkages to health facilities for reproductive concerns. Menstrual hygiene will be promoted among adolescent girls through awareness campaigns. Our nursing community outreach services also include training field workers for identifying minor reproductive health issues and referrals

- Gender Equality: Gender equality is fundamental to sexual and reproductive health. Ensuring equal rights and opportunities for all genders is essential for promoting healthy relationships and decision-making

- Comprehensive Sexuality Education: Providing comprehensive sexuality education helps individuals and young people acquire accurate information about sexual and reproductive health, consent, healthy relationships, and personal safety. Its a part of Faculty of Health Science marwadi university

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Rajkot - Morbi Highway, Rajkot, Gujarat, India 360003 | info@marwadiuniversity.ac.in
www.marwadiuniversity.ac.in | +91 89800 30090 | +91 281 7123456

EXECUTIVE REGISTRAR
MARWADI UNIVERSITY