

<b>COURSE TITLE</b>	<b>PERSONALITY DEVELOPMENT</b>
<b>COURSE CODE</b>	<b>20BN0605</b>
<b>COURSE CREDITS</b>	<b>1</b>

**Objective:**

- 1 Describe how personality develops , Define various stages of personality development.
- 2 Describe basic personality traits and personality types , Analyze how personality affects career choices.
- 3 Describe methods for changing personality , Enumerate personality disorders.
- 4 Demonstrate skills in identifying personality disorders
- 5 Utilize knowledge in knowing self and others and improve relationship with others
- 6 Provide care to patients with personality disorders by emphasizing on respecting individual culture and spiritual needs

**Course Outcomes:** After completion of this course, student will be able to:

- 1 Describe how personality develops , Explain factors contributing to personality development.
- 2 Enumerate stages of personality development from infancy to late adulthood , Explain various theories of personality development.
- 3 List various types of personalities , Describe effects of illness on personality change , Describe various personality assessments.
- 4 Discuss personality and career success , Explain various methods of changing personality traits .
- 5 Explain nursing implications of personality.
- 6 Explain various personality disorders.

**Pre-requisite of course:** This module is designed to help students acquire an in-depth knowledge in factors influencing personality development, theories of personality development, personality traits, and personality disorders and further acquire skill in knowing one's own personality, understand others in their surroundings and bring positive change in life.

**Teaching and Examination Scheme**

<b>Theory Hours</b>	<b>Tutorial Hours</b>	<b>Practical Hours</b>	<b>ESE</b>	<b>IA</b>	<b>CSE</b>	<b>Viva</b>	<b>Term Work</b>
1	0	0	50	50	0	0	0
<b>Contents : Unit</b>	<b>Topics</b>						<b>Contact Hours</b>
1	<b>Introduction to personality development</b> Definitions , Components of personality , Importance of personality in achieving goals and success in life , Factors influencing personality development o Biological factors o Environmental factors , Nature vs Nurture concept in personality development						2

<b>Contents : Unit</b>	<b>Topics</b>	<b>Contact Hours</b>
2	<b>Stages and theories of personality development</b> Development of personality from infancy to late adulthood , Theories of personality development o Psychoanalytic theory o Psychosocial theory o Trait and type theories of personality o Humanistic approaches to personality o Learning theories of personality	5
3	<b>Assessment of personality</b> Types of personalities , Personality changes due to illness , Personality assessment	3
4	<b>Personality and career success</b> Role of personality and career success , Methods of changing personality traits o Personal growth and self efficacy , Personality characteristics required for a nurse , Nursing implications of personality	5
5	<b>Personality disorders</b> Definition , Types , Signs and symptoms , Medical management , Nursing management , Psycho-social therapies	5
<b>Total Hours</b>		<b>20</b>

**Textbook :**

- 1 ELECTIVE MODULES BSc Nursing Program (Modular content outline), INDIAN NURSING COUNCIL, INDIAN NURSING COUNCIL, 2022

**References:**

- 1 ELECTIVE MODULES BSc Nursing Program (Modular content outline), ELECTIVE MODULES BSc Nursing Program (Modular content outline), INDIAN NURSING COUNCIL, INDIAN NURSING COUNCIL, 2022

**Suggested Theory Distribution:**

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation					
<b>Remember / Knowledge</b>	<b>Understand</b>	<b>Apply</b>	<b>Analyze</b>	<b>Evaluate</b>	<b>Higher order Thinking / Creative</b>
0.00	0.00	35.00	35.00	30.00	0.00

**Instructional Method:**

- 1 LECTURE CUM DISCUSSION

**Supplementary Resources:**

1 N/A