COURSE TITLE	**COMMUNITY HEALTH NURSING II**
COURSE CODE	**20BN0701**
COURSE CREDITS	**7**

Objective:

1. Demonstrate beginning practice competencies/skills relevant to provide comprehensive primary health care/community- based care to clients with common diseases and disorders including emergency and first aid care at home/clinics/centres as per predetermined protocols/drug standing orders approved by MOH&FW, Provide maternal, newborn and child care, and reproductive health including adolescent care in the urban and rural health care settings.
2. Describe the methods of collection and interpretation of demographic data, Explain population control and its impact on the society and describe the approaches towards limiting family size, Describe occupational health hazards, occupational diseases and the role of nurses in occupational health programs
3. Identify health problems of older adults and provide primary care, counseling and supportive health services,Participate in screening for mental health problems in the community and providing appropriate referral services, Participate in screening for mental health problems in the community and providing appropriate referral services.
4. Discuss about effective management of health information in community diagnosis and intervention, Describe the management system of delivery of community health services in rural and urban areas,, Describe the leadership role in guiding, supervising, and monitoring the health services and the personnel at the PHCs, SCs and community level including financial management and maintenance of records & reports.
5. Describe the roles and responsibilities of Mid-Level Health Care Providers (MHCPs) in Health Wellness Centers (HWCs, Identify the roles and responsibilities of health team members and explain their job description,
6. Demonstrate initiative in preparing themselves and the community for disaster preparedness and management, Demonstrate skills in proper bio-medical waste management as per protocols, Explain the roles and functions of various national and international health agencies.

Course Outcomes: After completion of this course, student will be able to:

1. Explain nurses‘ role in identification, primary management and referral of clients with common disorders/ conditions and emergencies including first aid, Provide reproductive, maternal, newborn and childcare, including adolescent care in the urban and rural health care settings, Promote adolescent health and youth friendly services,
2. Discuss the concepts and scope of demography.Discuss population explosion and its impact on social and economic development of India Describe the various methods of population control.
3. Describe occupational health hazards, occupational diseases and the role of nurses in occupational health programs, Identify health problems of older adults and provide primary care, counseling and supportive health services.
4. Describe screening for mental health problems in the community, take preventive measures and provide appropriate referral services , Discuss about effective management of health information in community diagnosis and intervention

MR. MUKESHKUMAR PREMJI TANK
Digitally signed by (Name of HOD)

MR. MUKESHKUMAR PREMJI TANK
Digitally signed by (Name of Dean/ Principal)

Course Outcomes: After completion of this course, student will be able to:

5 Describe the system management of delivery of community health services in rural and urban areas, Describe the leadership role in guiding, supervising, and monitoring the health services and the personnel at the PHCs, SCs and community level including financial management, Describe the roles and responsibilities of Mid-Level Health Care Providers (MHCPs) in Health Wellness Centers (HWCs).

6 Demonstrate initiative in preparing themselves and the community for disaster preparedness and management, Describe the importance of bio- medical waste management, its process and management. Explain the roles and functions of various national and international health agencies.

Pre-requisite of course: This course is designed to help students gain broad perspective of specialized roles and responsibilities of community health nurses and to practice in various specialized health care settings. It helps students to develop knowledge and competencies required for assessment, diagnosis, treatment, and nursing management of individuals and families within the community in wellness and illness continuum.

Teaching and Examination Scheme

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
5	8	0	75	15	10	50	50

Contents : Unit	Topics	Contact Hours
1	**Management of common conditions and emergencies including first aid** Standing orders: Definition, uses, Screening, diagnosing/ identification, primary care and referral of Gastrointestinal System : o Abdominal pain o Nausea and vomiting o Diarrhea o Constipation o Jaundice o GI bleeding o Abdominal distension o Dysphagia and dyspepsia o Aphthous ulcers, Respiratory System : o Acute upper respiratory infections – Rhinitis, Sinusitis, Pharyngitis, Laryngitis, Tonsillitis o Acute lower respiratory infections – Bronchitis, pneumonia and bronchial asthma o Hemoptysis, Acute chest pain, Heart & Blood o Common heart diseases : Heart attack/coronary artery disease, heart failure, arrhythmia o Blood anemia, blood cancers, bleeding disorders, Eye & ENT conditions : Eye – local infections, redness of eye, conjunctivitis, stye, trachoma and refractive errors ? ENT – Epistaxis, ASOM, sore throat, deafness, Urinary System : Urinary tract infections – cystitis, pyelonephritis, prostatitis, UTIs in children, First aid in common emergency conditions – Review : High fever, low blood sugar, minor injuries, fractures, fainting, bleeding, shock, stroke, bites, burns, choking, seizures, RTAs, poisoning, drowning and foreign bodies	10

Contents : Unit	Topics	Contact Hours
2	**Reproductive, maternal, newborn, child and adolescent Health (Review from OBG Nursing and application in community setting)** Present situation of reproductive, maternal and child health in India, Antenatal care : 1. Objectives, antenatal visits and examination, nutrition during pregnancy, counseling 2. Calcium and iron supplementation in pregnancy 3. Antenatal care at health centre level 4. Birth preparedness 5. High risk approach – Screening/early identification and primary management of complications – Antepartum hemorrhage, pre-eclampsia, eclampsia, Anemia, Gestational diabetes mellitus, Hypothyroidism, Syphilis 6. Referral, follow up and maintenance of records and reports, Intra natal care : 1. Normal labour – process, onset, stages of labour 2. Monitoring and active management of different stages of labour 3. Care of women after labour 4. Early identification, primary management, referral and follow up – preterm labour, fetal distress, prolonged and obstructed labour, vaginal & perennial tears, ruptured uterus 5. Care of newborn immediately after birth 6. Maintenance of records and reports 7. Use of Safe child birth check list 8. SBA module – Review 9. Organization of labour room, Postpartum care : 1. Objectives, Postnatal visits, care of mother and baby, breast feeding, diet during lactation, and health counseling 2. Early identification, primary management, referral and follow up of complications, Danger signs-postpartum hemorrhage, shock, puerperal sepsis, breast conditions, post-partum depression 3. Postpartum visit by health care provider, Newborn and child care : 1. Review: Essential newborn care 2. Management of common neonatal problems 3. Management of common child health problems: Pneumonia, Diarrhoea, Sepsis, screening for congenital anomalies and referral 4. Review: IMNCI Module 5. Under five clinics, Adolescent Health : 1. Common health problems and risk factors in adolescent girls and boys 2. Common Gynecological conditions – dysmenoorhea, Premenstrual Syndrome (PMS), Vaginal discharge, Mastitis, Breast lump, pelvic pain, pelvic organ prolapse 3. Teenage pregnancy, awareness about legal age of marriage, nutritional status of adolescents National Menstrual Hygiene scheme, Youth friendly services: o SRH Service needs o Role and attitude of nurses: Privacy, confidentiality, non judgemental attitude, client autonomy, respectful care and communication ? Counseling for parents and teenagers (BCS – balanced counseling strategy), National Programs 1. RMNCH+A Approach – Aims, Health systems strengthening, RMNCH+A strategies, Interventions across life stages, program management, monitoring and evaluation systems 2. Universal Immunization Program (UIP) as per Government of India guidelines – Review 3. Rashtriya Bal Swasthya Karyakaram (RSBK) -children 4. Rashtriya Kishor Swasthya Karyakram (RKSK) – adolscents	20

Contents : Unit	Topics	Contact Hours
3	**Demography, Surveillance and Interpretation of Data** Demography and vital statistics – demographic cycle, world population trends, vital statistics, Sex ratio and child sex ratio, trends of sex ratio in India, the causes and social implications, Sources of vital statistics – Census, registration of vital events, sample registration system, Morbidity and mortality indicators – Definition, calculation and interpretation, Surveillance, Integrated disease surveillance project (IDSP), Organization of IDSP, flow of information and mother and child tracking system (MCTS) in India, Collection, analysis, interpretation, use of data, Review: Common sampling techniques – random and nonrandom techniques, Disaggregation of data	4
4	**Population and its Control** Population Explosion and its impact on Social, Economic development of individual, society and country. , Population Control – Women Empowerment; Social, Economic and Educational Development , Limiting Family Size – Promotion of small family norm, Temporary Spacing Methods (natural, biological, chemical, mechanical methods etc.), Terminal Methods (Tubectomy, Vasectomy), Emergency Contraception , Counseling in reproductive, sexual health including problems of adolescents , Medical Termination of pregnancy and MTP Act , National Population Stabilization Fund/JSK (Jansankhya Sthirata Kosh) , Family planning 2020 , National Family Welfare Program , Role of a nurse in Family Welfare Program	6
5	**Occupational Health** Occupational health hazards, Occupational diseases , ESI Act , National/ State Occupational Health Programs , Role of a nurse in occupational health services – Screening, diagnosing, management and referral of clients with occupational health problems	5
6	**Geriatric Health Care** Health problems of older adults , Management of common geriatric ailments: counseling, supportive treatment of older adults , Organization of geriatric health services, National program for health care of elderly (NPHCE), State level programs/Schemes for older adults , Role of a community health nurse in geriatric health services – Screening, diagnosing, management and referral of older adults with health problems	6
7	**Mental Health Disorders** Screening, management, prevention and referral for mental health disorders , Review: o Depression, anxiety, acute psychosis, Schizophrenia o Dementia o Suicide o Alcohol and substance abuse o Drug deaddiction program o National Mental Health Program o National Mental Health Policy o National Mental Health Act , Role of a community health nurse in screening, initiation of treatment and follow up of mentally ill clients	6

Contents : Unit	Topics	Contact Hours
8	**Health Management Information System (HMIS)** Introduction to health management system: data elements, recording and reporting formats, data quality issues , Review: o Basic Demography and vital statistics o Sources of vital statistics o Common sampling techniques, frequency distribution o Collection, analysis, interpretation of data, Analysis of data for community needs assessment and preparation of health action plan	4
9	**Management of delivery of community health services:** Planning, budgeting and material management of CHC, PHC, SC/HWC , Manpower planning as per IPHS standards , Rural: Organization, staffing and material management of rural health services provided by Government at village, SC/HWC, PHC, CHC, hospitals – district, state and central , Urban: Organization, staffing, and functions of urban health services provided by Government at slums, dispensaries, special clinics, municipal and corporate hospitals , Defense services, Institutional services , Other systems of medicine and health: Indian system of medicine, AYUSH clinics, Alternative health care system referral systems, Indigenous health services	12
10	**Leadership, Supervision and Monitoring** Understanding work responsibilities/job description of DPHN, Health Visitor, PHN, MPHW (Female), Multipurpose health Worker (Male), AWWs and ASHA, Roles and responsibilities of Mid-Level Health Care Providers (MLHPs), Village Health Sanitation and Nutrition Committees (VHSNC): objectives, composition and roles & responsibilities , Health team management , Review: Leadership & supervision – concepts, principles & methods , Leadership in health: leadership approaches in healthcare setting, taking control of health of community and organizing health camps, village clinics , Training, Supportive supervision and monitoring – concepts, principles and process e.g. performance of frontline health workers , Financial Management and Accounting & Computing at Health Centers (SC) , o Activities for which funds are received o Accounting and book keeping requirements – accounting principles & policies, book of accounts to be maintained, basic accounting entries, accounting process, payments & expenditure, fixed asset, SOE reporting format, utilization certificate (UC) reporting o Preparing a budget o Audit , Concepts of records and reports – importance, legal implications, purposes, use of records, principles of record writing, filing of records , Types of records – community related records, registers, guidelines for maintaining , Report writing – purposes, documentation of activities, types of reports, Medical Records Department – functions, filing and retention of medical records , Electronic Medical Records (EMR) – capabilities and components of EMR, electronic health record (EHR), levels of automation, attributes, benefits and disadvantages of HER , Nurses' responsibility in record keeping and reporting	15

Contents : Unit	Topics	Contact Hours
11	**Disaster Management** Disaster types and magnitude, Disaster preparedness, Emergency preparedness , Basic disaster supplies kit , Disaster response including emergency relief measures and Life saving techniques	6
12	**Bio-Medical Waste Management** Waste collection, segregation, transportation and management in the community, Waste management in health center/clinics , Bio-medical waste management guidelines – 2016, 2018 (Review)	3
13	**Health Agencies** International: WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, European Commission, Red Cross, USAID, UNESCO, ILO, CAR, CIDA, JHPIEGO, any other , National: Indian Red Cross, Indian Council for Child Welfare, Family Planning Association of India, Tuberculosis Association of India, Central Social Welfare Board, All India Women‘s Conference, Blind Association of India, any other , Voluntary Health Association of India (VHA)	3
Total Hours		**100**

Suggested List of Experiments:

Contents : Unit	Topics	Contact Hours
1	**Clinical contact hours** Clinical Posting at various community areas (Subcentre, Primary Health centre, Community health centre)	160
Total Hours		**160**

Textbook :

1 TEXBOOK OF COMMUNITY HEALTH NURSING -II , MONIKA SHARMA , VHS PUBLISHERS , 2025

References:

1 A COMPREHENSIVE TEXBOOK OF COMMUNITY HEALTH NURSING , A COMPREHENSIVE TEXBOOK OF COMMUNITY HEALTH NURSING , BIJAYA;LAKSHMI DASH , JAYPEE BROTHERS PUBLICATION , 2024

Suggested Theory Distribution:

The suggested theory distribution as per Bloom’s taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation

Remember / Knowledge	Understand	Apply	Analyze	Evaluate	Higher order Thinking / Creative
0.00	0.00	35.00	35.00	30.00	0.00

MR. MUKESHKUMAR PREMJI TANK
Digitally signed by (Name of HOD)

MR. MUKESHKUMAR PREMJI TANK
Digitally signed by (Name of Dean/ Principal)

Instructional Method:

1 LECTURE CUM DISCUSSION AND CLINICAL CONTACT HOURS

Supplementary Resources:

1 NA

MR. MUKESHKUMAR PREMJI TANK
Digitally signed by (Name of HOD)

MR. MUKESHKUMAR PREMJI TANK
Digitally signed by (Name of Dean/ Principal)