

COURSE TITLE	INTERNSHIP: ADULT HEALTH NURSING
COURSE CODE	20BN0802
COURSE CREDITS	4

Objective:

- 1 Utilize the nursing process in providing care to the sick adults in the hospital, Perform complete health assessment to establish a data base for providing quality patient care, Integrate the knowledge of diagnostic tests in patient assignment, Identify nursing diagnoses and list them according to priority, Formulate nursing care plan, using problem solving approach, Apply scientific principles while giving nursing care to patients, Develop skill in performing nursing procedures applying scientific principle, Establish/develop interpersonal relationship with patients and family members and Evaluate the expected outcomes and modify the plan according to the patient needs.
- 2 Provide comfort and safety to adult patients in the hospital, Maintain safe environment for patients during hospitalization, Explain nursing actions appropriately to the patients and family members, Ensure patient safety while providing nursing procedures and Assess the educational needs of the patient and their family related to medical and surgical disorders and provide appropriate health education to patients.
- 3 Provide pre, intra and post-operative care to patients undergoing surgery, Integrate knowledge of pathology, nutrition and pharmacology for patients experiencing selected medical and surgical disorders, Integrate evidence-based information while giving nursing care to patients and Demonstrate the awareness of legal and ethical issues in nursing practice.
- 4 Utilize the nursing process in providing care to the sick adults in the hospital, Perform complete health assessment to establish a data base for providing quality patient care, Integrate the knowledge of diagnostic tests in patient assignment, Identify nursing diagnoses and list them according to priority, Formulate nursing care plan, using problem solving approach, Apply scientific principles while giving nursing care to patients, Develop skill in performing nursing procedures applying scientific principle, Establish/develop interpersonal relationship with patients and family members and Evaluate the expected outcomes and modify the plan according to the patient needs.
- 5 Provide comfort and safety to adult patients in the hospital, Maintain safe environment for patients during hospitalization, Explain nursing actions appropriately to the patients and family members, Ensure patient safety while providing nursing procedures and Assess the educational needs of the patient and their family related to medical and surgical disorders and provide appropriate health education to patients.
- 6 Provide pre, intra and post-operative care to patients undergoing surgery, Integrate knowledge of pathology, nutrition and pharmacology for patients experiencing selected medical and surgical disorders, Integrate evidence-based information while giving nursing care to patients. and Demonstrate the awareness of legal and ethical issues in nursing practice.

Course Outcomes: After completion of this course, student will be able to:

- 1 Develop skill in intravenous injection administration and IV therapy Assist with diagnostic procedures, Develop skill in the management of patients with Respiratory problems and Develop skill in managing patients with metabolic abnormality

Course Outcomes: After completion of this course, student will be able to:

- 2 Develop skill in caring for patients during pre- and post-operative period, Assist with diagnostic procedures, Develop skill in managing patient with Gastro- intestinal Problems, Develop skill in wound management and Develop skill in management of patients with cardiac problems.
- 3 Develop skill in management of patients with disorders of Blood, Develop skill in management of patients with disorders of integumentary system, Develop skill in the management of patients requiring isolation, Develop skill in management of patients with musculoskeletal problems and Develop skill in caring for intraoperative patients
- 4 Provide care to patients with ENT disorders, Educate the patients and their families, Develop skill in providing care to patients with Eye disorders, Educate the patients and their families and Develop skill in Management of patients with urinary, male reproductive problems
- 5 Develop skill in burns assessment and providing care to patients with different types of burns, Develop skill in providing care to patients with different types of cosmetic and reconstructive surgeries, Develop skill in Management of patients with Neurological problems, Develop skill in the Management of patients with immunological disorders and Develop skill in providing care to patients with oncological disorders
- 6 Develop skill in providing care to patients with emergency health problems, Develops skill in geriatric assessment and providing care to patients with geriatric illness, Develop skill in assessment of critically ill and providing care to patients with critical health conditions.

Pre-requisite of course: On completion of the clinical practicum, the students will be able to apply nursing process and critical thinking in delivering holistic nursing care including rehabilitation to the adult patients undergoing surgery, with shock and fluid and electrolyte imbalance and with selected medical & surgical conditions i.e., Gastrointestinal, Respiratory, Endocrine, Orthopedic, Dermatology and Cardiovascular disorders. On completion of the clinical practicum, the students will develop proficiency in applying nursing process and critical thinking in rendering holistic nursing care including rehabilitation to the adult/geriatric patients admitted in Critical Care Units, undergoing cosmetic and reconstructive surgery and with selected medical & surgical disorders of ear, nose, throat, eye, Genitourinary, reproductive, immunologic, nervous systems and in emergency/disaster conditions.

Teaching and Examination Scheme

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
0	13	0	0	0	0	20	20
Contents : Unit	Topics						Contact Hours
Total Hours							

Suggested List of Experiments:

Contents : Unit	Topics	Contact Hours
1	CLINICAL CONTACT HOURS: ADULT HEALTH NURSING CLINICAL POSTING AT VARIOUS AREA OF HOSPITAL	288
Total Hours		288

Textbook :

- 1 Practical Manual To Internship (integrated practice for B.Sc Nursing students), Ghanshyam Jangir, Vision Health Sciences Publishers, 2024

References:

- 1 Practical Manual To Internship (integrated practice for B.Sc Nursing students), Practical Manual To Internship (integrated practice for B.Sc Nursing students), Ghanshyam Jangir, Vision Health Sciences Publishers, 2024

Suggested Theory Distribution:

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation					
Remember / Knowledge	Understand	Apply	Analyze	Evaluate	Higher order Thinking / Creative
0.00	0.00	35.00	35.00	30.00	0.00

Instructional Method:

- 1 Clinical teaching