

COURSE TITLE	INTERNSHIP: MENTAL HEALTH NURSING
COURSE CODE	20BN0804
COURSE CREDITS	2

Objective:

- 1 Observe and assist in various treatment modalities or therapies
- 2 Counsel and educate patients and families
- 3 Perform individual and group psychoeducation
- 4 Provide nursing care to patients with mental health problems/disorders
- 5 Motivate patients in the community for early treatment and follow up
- 6 Observe the assessment and care of patients with substance abuse disorders in deaddiction centre.

Course Outcomes: After completion of this course, student will be able to:

- 1 Assess patients with mental health problems Observe and assist in therapies Counsel and educate patients, and families
- 2 Assess children with various mental health problems Counsel and educate children, families and significant others
- 3 Assess patients with mental health problems Provide nursing care for patients with various mental health problems
- 4 Assist in various therapies Counsel and educate patients, families and significant others
- 5 Identify patients with various mental disorders Motivate patients for early treatment and follow up Assist in follow up clinic
- 6 Counsel and educate patient, family and community Observe the assessment and care of patients at deaddiction centre

Pre-requisite of course: On completion of the course, the students will be able to: 1. Assess patients with mental health problems/disorders

Teaching and Examination Scheme

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
0	9	0	0	0	0	20	20
Contents : Unit	Topics						Contact Hours
Total Hours							

Suggested List of Experiments:

Contents : Unit	Topics	Contact Hours
1	CLINICAL CONTACT HOURS: MENTAL HEALTH NURSING CLINICAL POSTING AT VARIOUS AREAS OF PSYCHIATRIC HOSPITAL	192
Total Hours		192

Textbook :

- 1 Practical Manual To Internship (integrated practice for B.Sc Nursing students), Ghanshyam Jangir, Vision Health Sciences Publishers, 2024

References:

- 1 Practical Manual To Internship (integrated practice for B.Sc Nursing students), Practical Manual To Internship (integrated practice for B.Sc Nursing students), Ghanshyam Jangir, Vision Health Sciences Publishers, 2024

Suggested Theory Distribution:

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation					
Remember / Knowledge	Understand	Apply	Analyze	Evaluate	Higher order Thinking / Creative
0.00	0.00	35.00	35.00	30.00	0.00

Instructional Method:

- 1 Clinical teaching

Supplementary Resources:

- 1 N/A