

COURSE TITLE	LACTATION MANAGEMENT
COURSE CODE	20BN0807
COURSE CREDITS	1

Objective:

- 1 Understand the concept of lactation and anatomy of breast in postpartum women and Discuss the physiology of lactation and composition of breast milk.
- 2 Develop competencies in providing quality nursing care to these women based on nursing process.
- 3 Educate women and families about the lactation problems faced by them and improve in breast feeding.
- 4 Discuss the advantages of breast feeding and bonding and Explain the importance of taking well balanced diet to facilitate lactation.

Course Outcomes: After completion of this course, student will be able to:

- 1 To Review the anatomy of breast
- 2 To Explain the Physiology of lactation
- 3 To Provide quality nursing care
- 4 To Provide health education

Pre-requisite of course: The module is designed to develop in-depth knowledge and understanding in lactation management . It also help the students to develop competency in providing quality care to the lactating women and her families.

Teaching and Examination Scheme

Theory Hours	Tutorial Hours	Practical Hours	ESE	IA	CSE	Viva	Term Work
1	0	0	50	50	0	0	0

Contents : Unit	Topics	Contact Hours
1	Anatomy of breast-Review Concept and anatomy of breast	2
2	Physiology of lactation Physiology of lactation, Benefits of breast feeding	2
3	Management of lactation Quality nursing care to patient for lactating women, Well balanced diet, Technique of breast feeding, Prevention of breast engorgement	4
4	Health education Health education on 1. Diet during lactation 2. Breast care 3.Clothing 4. Personal hygiene etc.	2

Contents : Unit	Topics	Contact Hours
5	Clinical contact hours CLINICAL PRACTICE COMPETENCIES: On completion of the program student will be able to: 1. Provide quality nursing care to lactating women 2. Develop competency in supporting breast feeding 3. Educate lactating women regarding self care and well balanced diet, personal care etc. 4. Develop competency in records and reports 5. Encourage mother child bonding 6. Develop competency in preventing breast complications	10
Total Hours		20

Textbook :

- 1 ELECTIVE MODULES BSc Nursing Program (Modular content outline), INDIAN NURSING COUNCIL, INDIAN NURSING COUNCIL, 2022

References:

- 1 ELECTIVE MODULES BSc Nursing Program (Modular content outline), ELECTIVE MODULES BSc Nursing Program (Modular content outline), INDIAN NURSING COUNCIL, INDIAN NURSING COUNCIL, 2022

Suggested Theory Distribution:

The suggested theory distribution as per Bloom's taxonomy is as follows. This distribution serves as guidelines for teachers and students to achieve effective teaching-learning process

Distribution of Theory for course delivery and evaluation					
Remember / Knowledge	Understand	Apply	Analyze	Evaluate	Higher order Thinking / Creative
0.00	0.00	35.00	35.00	30.00	0.00

Instructional Method:

- 1 LECTURE CUM DISCUSSION AND CLINICAL TEACHING AT HOSPITAL

Supplementary Resources:

- 1 NA